

# The Glimpse

If you think you can and if you think you cannot, you are right.

People will tell you that your dream is impossible.

People will tell you to stay in your lane.

People will tell you everything to keep you from being better or improving yourself beyond what they ever imagined for themselves.

80% of people do not care about your problems and the remaining 20% are happy you have them. No one cares. Stop sharing with these types. The fight is internal.

If the Wright Brothers stayed in their lane and listened to the dodo brains, we'd all be riding bicycles overseas instead of flying. Leonardo Davinci wouldn't have a Tom Hanks film named after him.

The concept of *the Glimpse* in the Way of the Playa is FOUNDATIONAL.

It's not just a side topic. It's so important to your mindset.

*The Glimpse* is your mind getting out of its lane. It could even be trading in the beaten up Toyota for a shiny new Tesla.

*The Glimpse* is your potential and you've seen it.

But...

You've written it off to fluke luck, a lucky putt here, an amazing chip in there.

You've told people that this always happens but don't worry the wheels will fall off soon.

(Please feel free to insert your own self deprecating nonsense here.)

Where did your lack of confidence and self-esteem go?

Why are you so scared of success that you'd rather fail to meet others expectations?

Conditioning. The Way of the Playa is reconditioning for your mind. That means unlearning what the world has put in you, then rebooting your system with a stronger Operating System.

You've been told for too long by the gaslighters that you couldn't repeat what you did and you just got lucky.

They've told you it doesn't count if it's not on a 7000 yard course yet they haven't broken 110 on a 6000 yard course. Blah blah blah.

Those days are over inside the Way of the Playa. Self knowledge and seeing things from a new perspective will make you impervious to that bullshit.

If you can do something once, you can do it twice. If you can do it twice, you can do it 4 times and so on, into infinity.

This is not some pseudo psychology or whatever the gaslighters want to call it.

This is YOUR POTENTIAL and no one can predict your potential except you. No one can control the amount of trust you place in yourself to achieve anything you want.

Seeing your ability to score a certain score can change your entire being. If you see it as luck and won't be repeated, I have some bad news. You are correct.

What's your best score over 3 holes? Have you ever gone level par?  
What's your best score over 6, 9 or 12 holes in a row?  
Have you ever gone under par for a stretch of 3 to 6 holes?

This is not luck.

I'll tell you a little secret of the golfers you are jealous of at your club.

They all take their scorecard home and run through what could have been. If they just avoided that three putt. If they just picked the bump and run shot instead of the floaty lob wedge. They're looking at WHAT COULD BE because they know they have it in them.

They see the potential 72 from the 81 they just shot. Then they iterate. They understand the process of what went wrong and how to fix it.

They'll acknowledge their luck on the course but understand they had equal cases of bad luck on the same day. They'll say yes, that par where they hit a tree and it landed on the green was lucky, but they'll tell you the course took back when the sprinkler head moved their ball 10 yards left into a bunker.

## The Glimpse exercise 1

**Run through the best score you have had on every hole on your course.** Write it in the scorecard. Go to your course, or download one from the course's website, print it out and physically write it in.

Did you know that all dreams and ambitions come true once you write them physically with your hand onto paper? I have no way of explaining it, but it does.

Look at that 'best case scenario' score.

You **DID** that. You scored that score. It doesn't matter how you did it, your body did it on that day. Do you see where I'm going?

Once you have filled in all your best scores on the scorecard by hole, add it up. Add that shit up and tell me you didn't **DO THAT**.

Whatever you scored on that 'best ever' 18 holes is your potential. You are capable of scoring those scores on those holes.



## The Glimpse exercise 2

Think back or look back on old scorecards/rounds.

**What is your best run of holes?** How many holes and what was the score?

For example:

If you're a 17 handicapper but you once went level par for 7 holes, you are capable of doing that again, in the same round.

If you are capable of going level for 7 holes, are you capable of going +7 for the other 11 holes, and breaking 80? Yes? No? Why not?

You probably didn't though, because you started thinking about it and started wondering how to continue playing your best, instead of just continuing as you were. You got in your own way.

You got in your own way by forgetting about just hitting shots. You started thinking about the end result before you even finished the middle part.

The Way of the Playa is about knowing yourself enough to get out of your own way.

The Glimpse is an understanding of what is possible if you do. It's vital to have the mindset that you can be better than you are.

Why is this important?

Because The Glimpse is what is possible.

Is it likely? No. Is it possible? Yes.

The key is to understand that you are capable and at the same time, not become **discouraged** when you do not score those scores on each hole.

Understand that you have scored them before and if you have a bad hole here or there, you still realize that at any point, you can turn it on and go on a scream of good scores at any time.

