

	Frequency of use	Positives	Potential Issue	Impact of common mistake	Reason	
<b>3 wood/driver</b>	● ○ ○ ○ ○	Try every tee	10-15 yards further	Block, top, fat	2 <sup>nd</sup> shot is from a bad area	Needs work on the range, to get course-ready
Go-to tee club <b>3 hybrid</b>	● ● ● ● ○	Every tee		BAUS level engaged		
Long irons	○ ○ ○ ○ ○					
Mid irons	● ● ○ ○ ○	The most	Consistent draw shape	Fat shots and pulls	Not much if I add one shot to the par	Artificial mats, thinking "Don't hit it fat"
Full wedges	● ● ● ○ ○	Often	Generally hit green	Gapping issue PW to 58 <sup>o</sup> - I want 52 <sup>o</sup>	Will need to chip which I don't mind	Equipment to instill confidence
Pitch 20-40	● ● ● ○ ○	Sometimes	I avoid these well	A little teathy	Greenside chip	
Pitch 40-70	● ● ○ ○ ○	Teeth or fatty		Teeth and fat, distance control	Another pitch of same length +1 stroke often leaving it in a bunker which is my main weakness	
Greenside chip	● ● ● ○ ○	Often	GOOD CHIPPER	None, but should learn bump n run		
Long putting to inside 3' %	● ○ ○ ○ ○	VERY OFTEN		Distance control, demons about strength	Three and four-putts	Demons when looking at the ball too long Taking demons onto practice green
5'-15' putting	● ○ ○ ○ ○	Often	Usually a nice stroke	Distance control- leaving it long and short		Lack of practice so therefore lack of confidence
<5' putting	● ● ○ ○ ○	VERY OFTEN!		Generally okay, Demons cause deceleration		Deceleration caused by lack of confidence
Greenside bunker	○ ○ ○ ○ ○	Twice a round		Keeping it in the bunker or JUST getting out	Another bunker shot or chip +1 stroke	Lack of technique means deceleration
Fairway bunker	○ ○ ○ ○ ○	Twice a round		Poor planning on the tee!	Going in bunker, usually +1 stroke	Hitting wrong line or anticipating wrong distance off tee
Mental problems	Can't let go of previous bad shot, so I screw up a few shots after first bad one, I struggle to get into the first few holes and can't get going – no warm up					
Common doubts/fears	Don't hit it fat! I don't know how hard to hit the putt! Don't be short! Don't go way long!					
Specific shots that scare you	Dog leg right water left because I am scared of pulls					
Best shots in your bag	Hybrid off tee, 7 iron at the green or for a layup, 58 <sup>o</sup> chipping					
Common negative talk	"I don't know how hard to hit this putt" "Don't hit this shot fat" (6 iron mostly)					